

Support Resources from OASPHE/Ophea Provincial System Leads call, October 21st, 2020

Lorna Tremonti's [Google Slide Deck](#) - **Teaching Virtually**

Blue Mountain

- activity lesson plans and resources (Dave & Andrea H.)

BOKS

- [BOKS - One pager](#)
- [BOKS Canada Fall 2020 Resources](#)

CIRA Ontario

- [Fair and Square](#)
 - A collection of games and activities that can be played in two-metre by two-metre squares
- [Any Game for Any Brain](#)
 - An inclusive resource for those with cognitive differences from youth to seniors

HDSB Examples as shared with OASPHE Executive

Elementary [In Person](#) [Virtual](#)

Secondary [Movement Competence Continuum - Skills and Strategies with TGFU](#) [Focus](#)

Media Literacy Week: October 26-30

Next week is Media Literacy week in Canada. October 26-30. Media Smarts along with OTF has put together some resources (English and French) that educators P-I might find helpful.

Use this link to access a video that explains Media Literacy Week and the educator hub (1:12 secs) which leads to links for 3 days of "plug and play" lessons for all 3 divisions in (EN/FN).

Educators Hub

Ophea

- [Outdoor Education Toolkit](#) (grades 9-12)
- [HPE at Home](#) (grades 1-12)
- [Ophea Open Class - Unit 4](#) (grades 1-8)
- [French Student Daily Physical Activity Energizer Videos](#) (K-grade 4)
- [Cannabis Education Resources](#) (grades 1-12)
- [Ideas For Action: Cannabis](#) (elementary and secondary schools)
- [Sexual Violence Prevention Education Resources](#)
- [Learning About Concussions: Teacher Guide and Lesson](#) (grade 6 & grade 9)
- [Concussion Identification, Management and Prevention for Schools 2020/21 e-Learning module](#) (school staff)
- [Implementing Ryan's Law and PPM 161: Ensuring Asthma Friendly Schools 2020/21 e-Learning module](#) (school staff)

October - December Launches

- Program Registrations Open (October 2020)
 - [Healthy Schools Certification](#) (elementary & secondary schools)
 - [Raise the Bar Intramural Program](#) (elementary & secondary schools)
- Health and Physical Education Lesson plans (November/December 2020)
 - Units on Substance Use, Addictions and Related Behaviours with the integration of social-emotional learning skills (grades 1-8)
 - Units on online safety with take-home video-based supports for use with parents/caregivers (grades 4-6)
 - French-only social-emotional learning skills video component with School Mental Health Ontario (elementary)

OPASSE

- [COVID 19 Considerations for Physical Education](#)
- [COVID Considerations for Remote Learning in Physical Education](#)
- [COVID-19 Considerations for Intramural Activities](#)

Outdoor and Experiential Education Ideas as shared by Deb Diebel (BWDSB)

PHE Canada

- [Return to school PHE](#)
- [PHE Home Learning Centre](#)

SMHO

- [SEL Posters](#)